

KEY HIGHLIGHTS OF SCC MEETING: March 11, 2020

# PARTNERING WITH SHARED CARE

Each month the Shared Care Committee (SCC) reviews Expressions of Interest (EOIs) and Proposals submitted from communities/Divisions of Family Practice interested in engaging in Shared Care work. The following are details of approved 'new and ongoing' partnerships from the meeting.

## **NEW OR ONGOING PARTNERSHIPS**

### **Approved EOIs**

• Palliative Care – Ridge Meadows

#### **Additional Funding**

<u>Maternity Spread Network</u> – Thompson Region

#### **Approved Proposals**

- Optimizing GP/SP Consults Kootenay Boundary
- Time to Listen: A rural community's response to a youth mental health crisis Powell River
- Alternative CBT Skills Training Model Comox Valley
- Coordinating Complex Care Prince George
- Coordinating Complex Care North Peace
- Coordinating Complex Care Northern Interior Rural
- Coordinating Complex Care South Peace

# PRESENTATIONS

# PRESENTATION: Langley Division of Family Practice – Dr Leo Wong, Ellen Peterson, Barb Stack.

The Langley Division provides health services to **156,000 residents, with 38 Patient Medical Homes**. The presenters highlighted three of their key Shared Care projects:

- (i) Child & Youth Mental Health & Substance Use (CYMHSU) Local Action Team (LAT)
- (ii) Langley Complex Care Multi-Morbidity Patients Project (Completed Fall 2019).
  - The MedWatch Program came from this project, enabling first responders and hospitals easy access to a patients' decision-making documents.

- 50% of first responders were able to access MedWatch forms to bring to the ER.

6,000 Medwatch packages have been distributed,
100% of Langley Division members have been
educated, and 3200+ Langley Seniors have are aware
of the MedWatch program through 140 presentations.

3) Langley Youth to Adult Mental Health Substance Use – Transitions in Care (Completed Fall 2019)

- The team structure of the successful Psychiatric Interdisciplinary Team (PIT) initiative was utilized for this project.
- A Langley Mental Wellness clinic pilot is underway.
- The project Increased youth access to physicians by 25%.

## Patient & Family Caregivers as Part of the SCC Process Update – Barb MacLean

- There are 17 new Caregiver Support programs supported by Ministry of Health, United Way, and Family Caregivers of BC. Also examples of where caregivers are involved in health planning at community and policy levels including Shared Care and PCN Development Steering Committee.
- Currently Shared Care EOI and Proposal processes asks communities to determine how a project will align with the PCN/PMH, involve local Indigenous representation, and include Patient, Family and Caregiver Centered Care.

# Vulnerable Frail Elderly Discharge from ED to community (South Okanagan Similkameen Division) – Dr Robin Masson, Suzanne Moccia

- The 'Vulnerable Frail Elderly Discharge from ED to Community' project, launched in April 2017 to create a pathway for patients to be discharged home safely with accessible trusted community supports in place.
- Goals included reducing ED visits or crisis visits to family physicians, as well as connecting patients to community-based services to allow them to stay in their homes longer.
- A key outcome was the development of the Quick Response Team (QRT), made up of nurses,

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Developing innovative approaches to improving collaboration between GPs, GPs with focused Practice, and specialist physicians, and spreading success through Spread Networks and other strategies.



# **Meeting Summary**

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Physiotherapists, Occupational Therapists, Rehab Assistants, and Social Workers. The **QRT model links the community and family physician into the care plan**.

- Data is currently being collected including impact on re admissions.
- It was highlighted that the work can be applied to all patients being discharged.

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